

Our Heart's Desire

Let the words of my mouth and the meditation of my heart be acceptable in your sight, oh Lord, my Rock and my Redeemer.

Psalm 19:14

The meditation of my heart be acceptable in your sight, oh Lord...

Meditation takes time and discipline. What we spend our time and focus on often become the things that consume our hearts. We want our hearts to be pleasing and acceptable to God. When we spend time with God, His presence will consume and penetrate our hearts and wash us from the inside out- if we allow Him. If we are consuming ourselves with the things of this world and not spending time meditating in His word, we are missing out on learning all we can about Him.

What are some things, other than God, that are consuming your heart/time?

My son, give me your heart and let your eyes delight in my ways.

Proverbs 23:26

We tend to distract ourselves with things we enjoy, things we have to do, or the busyness of life. The more time we spend doing those things, the more we consume ourselves with them. If we took that same approach with God and consumed ourselves with seeking Him, our desire for Him would grow. Giving Christ our hearts and taking delight in Him helps the distractions and things that keep us from Him start to fade away. He becomes our heart's desire!

What is your heart's desire?

Delight yourself in the LORD, and He will give you the desires of your heart. Psalm 37:4

Our heart's desire should be to seek the heart of God. The more He reveals His heart to us, the more our hearts become like His. We begin to desire Him more and more. We long to know Him. The more our heart's align the more our desires align and in turn, the desire of our heart is fulfilled.

May He grant your heart's desire and fulfill all your plans.

Psalm 20:4

How can we consume ourselves in Christ? How can we discipline ourselves to make time for Him every day? Let's see if we can fill our lives with Him. We'll learn to let Him consume us, and He will become our heart's desire.

Take some time now to delight in the LORD. Meditate on His word. Use the space below to journal what you want to share with God, or anything you feel like He's speaking to your heart right now.
